Overview
If you are enthusiastic about physical fitness and sport, this program is for you. Study the Certificate III in Sport and Recreation and build a solid background in the industry. This program is ideal if you are considering a career such as a sports and recreation officer, fitness instructor, recreation officer or sporting coach.

The program places an emphasis on sporting skills and industry knowledge. In the first year, you will complete an exciting range of sporting related units and develop a basic level of skills of instructing and officiating in a variety games and sports. You will also develop knowledge of the sporting industry and relevant workplace skills. You will learn about the preparation and equipment required for sporting and recreation sessions, how to conduct these sessions, First Aid and how to deal with clients. There will be a wide variety of sports covered which will be tailored to your interests.

The second year of the program brings a focus on fitness training and instruction. You will also develop knowledge of sport and recreation markets and participation patterns, and go on to develop public education programs in a related area.

Qualification and recognition
This VET program contributes to your VCE or VCAL. For more information on credit arrangements please visit the website or contact your VET in Schools Coordinator.

Pathway and further study opportunities
Further study opportunities include the Certificate III, IV and Diploma of Fitness, Diploma of Sport Development and the Diploma of Outdoor Recreation.

This program is suitable if you have an interest in sports recreation, fitness instructing, sports development and sports coaching.