Pathways explained...

While at school
Receive a nationally recognised qualification by completing a VETiS program.
Get a chance to study a career area you’re interested in while still attending school.
Study in an adult learning environment.

School → VETiS Programs
Certificate III in Community Recreation - Sport & Recreation

Post-secondary study at Holmesglen
Receive credits from completing your VETiS and Pathway programs to put toward studies at the Certificate level and higher.

Certificate III & IV → Diploma → Advanced Diploma → Bachelor Degree

ACT NOW! Call 03 9564 1555
www.holmesglen.edu.au

Programs for school students
Fitness & Wellbeing

General course information

Applications
Entry is by application through the school by November 2010.

Enrolment
Students will be advised by their VET co-ordinator where and when classes start. Students are advised to bring along a pen, their Form number and proof of identity which may include a passport, learners permit, Keypass ID card, Consumer Affairs Victorian Proof of Age card – with photograph, Australian Government issued ID card – with photograph or birth certificate.
The VETiS instructor will advise students on how to enrol. After enrolment students will receive a student ID card and a student diary.

Course and material fees
Students are advised to contact the Careers Practitioner or VET Program Coordinator in their school.

Attendance
Students are required to attend campus on the days of their program, during school terms.

Course dates
February to October. Normal school term breaks and public holidays apply.

Assessment
Assessment is based on competency, which is the ability to demonstrate specific skills, and a combination of observation, discussion and practical application projects. Written tests may also be required.

The information contained in this newsletter was current at the time of printing and is subject to change without notice. Availability of courses is dependent upon Government funding and student demand. Due to re-accreditation changes may occur to the content and or name of some courses. Prospective students are advised to confirm details with Holmesglen prior to enrolment. It is recommended that information be verified prior to being acted upon. July 2010. © 2010, Holmesglen Institute of TAFE. Holmesglen is the trading name of Holmesglen Institute of TAFE.

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VET in School Programs
The Vocational Education and Training in Schools (VETiS) Programs aim to prepare students for further education, training and employment. Students who complete a VETiS course are awarded a nationally recognised certificate of qualification and VETiS courses can make up part of a VCE. For further details, visit www.holmesglen.edu.au/VETiS.

To enrol in a VETiS course students must be older than 14 years and 10 months, and be enrolled as a full time student in a secondary school. Students can only enrol in a VETiS program through their school.

VET certificates contribute to a students ATAR score. Some certificates offer an examination which is held during the VCE examination period and provide a study score; other certificates provide block credit which is used to enhance an ATAR score.

Advantages of a VET Certificate:
- a nationally recognised qualification
- improved employment prospects
- credits towards further qualifications
- experience in industry

Certificate II in Community Recreation – Sport and Recreation
Course length
2 years

Timetable
Wednesday 1.30pm – 4.30pm

Location
Moorabbin and Waverley campuses

The Certificate II in Community Recreation has an emphasis on sporting skills and industry knowledge. Students will complete an exciting range of sporting related units and develop a basic level of skills in instructing and officiating in a variety of games and sports. Students will also develop knowledge of the sporting industry and relevant workplace skills. The program is designed to include many transferable skills to broaden students’ options following the program.

The second year of the program brings a focus on fitness training and instruction. Students will also develop knowledge of sport and recreation markets and participation patterns, and go on to develop public education programs in a related area. Students will complete both Units 1 & 2 and 3 & 4 competencies as well as the fitness stream specialisation in their second year.

Units 1 & 2
- Assist in preparing sport and recreation sessions for participants
- Assist in conducting sport and recreation sessions for participants
- Provide equipment for activities
- Deal with client feedback
- Develop knowledge of the sport and recreation industry
- Prepare for work
- Complete daily work activities
- Organise and complete daily work activities
- Apply the principles of community development to community recreation work
- Respond to clients at risk
- Apply point of sale handling procedures in a recreation setting
- Provide first aid
- Provide basic emergency life support
- Follow defined occupational health and safety policy and procedures
- Operate in accordance with accepted coaching practices, styles and legal and ethical responsibilities
- Operate in accordance with accepted officiating practices, styles, legal and ethical responsibilities to manage risk
- Apply rules and regulations to conduct games and competitions

Units 3 & 4
- Apply sport and recreation law
- Analyse participation patterns in specific markets of the leisure and recreation industry
- Educate the public on the safe use of a sport and recreation resource
- Undertake risk analysis of activities
- Operate in accordance with accepted instructional practices, styles and legal and ethical responsibilities
- Plan a session or program for participants
- Conduct a sport and recreation session for participants
- Facilitate a group
- Deal with conflict
- Provide orientation to clients prior to undertaking a fitness program
- Undertake client induction and screening
- Develop basic fitness programs
- Apply basic exercise science to exercise instruction
- Use and maintain core fitness industry equipment
- Apply first aid

Special requirements
Students should have an enthusiasm for sport, fitness and physical activity.

Contributions to VCE and VCAL
Successful completion of the core and elective units in the first year will enable students to achieve VCE units 1 & 2. Further completion of Units 3 & 4 will enable students to undertake a scored assessment, to receive a contribution to the Australian Tertiary Admission Rank (ATAR), and to gain a study score.

Further training and employment opportunities
Further study opportunities include the Certificate III, IV and Diploma of Fitness, Diploma of Sport and Recreation/Diploma of Sport Development and the Diploma of Outdoor Recreation.

Career interests
- Sport and recreation
- Fitness instructing
- Sports development
- Sports coaching

Stacey
While completing her VCE, Stacey began studying a VET in schools program. She decided to study a VET in schools program because it provided her with an opportunity to try a career area of interest.

She enjoyed the friendly learning environment, supportive teachers and the hands on learning approach.

After completing her VCE, Stacey decided to continue her studies at Holmesglen. She is currently completing a Diploma and working within her industry while she completes her studies.